

## **Project Background: Trent and peopleCare Communities Long-Term Care Home**

### **The Project**

- peopleCare Communities will build and operate a 224-bed long-term care (LTC) home, per an agreement to lease land on Trent University's Symons Campus, intended to be the anchor of a University-integrated seniors village
- Through an innovative teaching and research arrangement, peopleCare's LTC home will welcome students and faculty from a variety of programs to collaborate and learn from each other, and from the residents. The intergenerational environment and the focus on developing new approaches to delivering care and building community will enhance residents' quality of life
- The initiative leverages peopleCare's track record as a leader in long-term care excellence and innovation and Trent's strengths as a globally-recognized age-friendly university and leader in interdisciplinary aging studies
- The application for the LTC home included letters of support from Peterborough-Kawartha MPP Dave Smith, Peterborough Regional Health Centre (PRHC), Age-Friendly Peterborough, and Curve Lake First Nation

### **The Need for LTC in Peterborough**

- Statistically, Peterborough is the third oldest community in Canada
- The proportion of seniors aged 65+ (22%) is significantly higher than the provincial average (16%): and seniors 85+ (3.4%) is higher than the provincial average (2.2%)
- With significant growth in the senior population, building capacity to meet current and future demand is even more crucial
- According to government projections, the number of Peterborough seniors aged 65+ will increase by 31.6% in the next ten years: 58.4% by 2046
- As of September 2019, close to one-third – approx. 12,000 people – of those waiting for LTC in Ontario are in the Central East LHIN, approx. 2,500 in the Peterborough CMA alone

### **Hands-on Learning Opportunities for Students**

- This integrated, community-based style of senior living will create a lifelong learning environment where older people can stay engaged in intergenerational learning, social engagement, the arts, research opportunities, and the life of Trent University
- The teaching and research agreement between Trent and peopleCare will provide experiential learning for – at minimum – 92 Nursing, Social Work and Kinesiology students annually. The home will benefit from a close relationship with the Trent Centre for Aging & Society and the Trent/Fleming School of Nursing, as well as creating special engagement opportunities for students in programs such as Social Work, Business, Kinesiology, Sustainable Agriculture and Food Systems, and Cultural Studies

- A strategic goal of this collaboration is to interest students in geriatric care, a sector challenged to attract young healthcare leaders
- Students will be encouraged to work in the home beyond their placements

### **Far-reaching Research Opportunities**

- peopleCare and Trent will work together to spearhead research into promising practices in aging, conducting research and piloting initiatives within the LTC home (and potentially other peopleCare homes), with the intent to spread and scale innovation throughout the LTC sector and the broader healthcare system

### **Trent Lands Plan Vision & Guiding Principles**

- Creation of this LTC home is the first step toward achieving Trent’s vision of a University-integrated seniors’ village within a continuum of care, offering housing options (e.g. retirement, assisted living, and attainable apartments) that support seniors to age-in-place in an intergenerational and intellectually stimulating environment – a key priority outlined in the approved Trent Lands and Nature Areas Plan
- The Plan lays out the development and environmental principles to inform and guide the construction of this project, and peopleCare will build an energy-efficient home that respects the setting and integrates the natural environment

### **Site Location**

- The location on the corner of Water Street and Woodland Avenue in Peterborough was selected based on detailed four-season environmental studies, archaeological studies and engagement with local Indigenous Traditional Knowledge Keepers and consultants from Curve Lake and Hiawatha First Nation
- The site offers accessible transportation from both the City and County and, importantly, that land is currently serviced, making it possible to move this project along and get new seniors housing into the market as soon as possible
- Allows for easy connection to Trent’s Symons Campus, including nature areas and trails

### **Project Timeline**

- Taking into consideration steps in the process to open a new LTC home, including a number of variables in the pre-construction phase around planning and approvals at the municipal and provincial level, peopleCare is fully committed to open these LTC beds as soon as possible to meet the needs of seniors in the Peterborough community
- Timeline for constructing and opening a 224-bed LTC home is approximately 18 months from getting a shovel in the ground to welcoming our first residents

### **Why Trent?**

- Trent is a high caliber, well-regarded university that plays a vital role in this region
- Beyond the economic impact as one of the largest employers, Trent makes an essential contribution to the social vitality of the community
- Home to the [Trent Centre for Aging and Society](#), Trent is an international leader in interdisciplinary aging studies, seeking to celebrate aging, understand diverse experiences of aging, and challenge ageist practices in our communities and culture. Trent hosts a Canada Research Chair in Rural Aging, Health and Social Care

- Trent's Centre for Aging and Society is integrally involved in Age-Friendly Peterborough, working closely with the City and a variety of partners to address the needs of the seniors population in our urban and rural communities
- The [Trent/Fleming School of Nursing](#) is one of the top collaborative programs in the province and has a strategic focus on aging and rural health

#### **More about peopleCare Communities**

- peopleCare was selected after a competitive RFP process to build and operate the 224-bed long-term care home on Trent University land
- As a Canadian, family-owned leading operator of senior living communities, with strong values and a 50-year history of service, peopleCare's vision is to change the world of senior living
- Committed to engagement and collaboration to create vibrant communities of care that deliver meaningful experiences, clinical best practices, engaging programs and integrated services that meet seniors' changing needs
- peopleCare's innovation and leadership has earned Accreditation Canada Exemplary Status, Canada's Best Managed Companies Platinum designation, and the single largest research grant from the Ontario Centres of Excellence, which funded its award-winning Clinical Pharmacy Model, a first-of-its-kind for long-term care in Canada
- A demonstrated leader in the sector, peopleCare have worked with a variety of educational institutions and have seen first-hand the value of enriching lives through intergenerational programs. Its partnership with University of Western Ontario co-houses music students in its home, cultivating student appreciation and insight around the value of community
- They were among the first LTC operators in Ontario to Pilot Point-of-Care Rapid Antigen Tests
- In partnership with the Centres for Learning Research and Innovation in LTC, peopleCare is collaborating on new family caregiver resources for the health system, and have received a research grant from the Canadian Foundation for Healthcare Improvement to study the impact of isolation on LTC residents during COVID-19 along with partners from Bruyere and Grey Bruce County.