

June 8, 2021

A message for our families

We would like to provide more information on recent changes from the Ministry of Long-Term Care to visiting, absence and testing policies for long-term care (LTC) homes. As there are quite a few updates to share and work through, we appreciate your patience as our team works on a safe and smooth implementation in our Homes.

To support quality of life for residents, the Ministry is easing some additional pandemic restrictions effective June 9:

- Fully immunized residents may leave the Home for day and overnight social outings and trips.
- Residents with mobility limitations or health conditions that make participating in outdoor visits highly unlikely or impossible may have one general visitor at a time inside the Home, in addition to their designated family caregiver.
- Brief hugs can now take place between residents and visitors regardless of vaccination status.
- More information is available on our <u>Family Caregiver Programs</u> webpage as well as in the updated LTC visiting policy <u>here</u>.

To support a smooth process that is fair to all, families will need to book visits in advance. You can do so online or by calling the Director of Programs at your loved one's Home, who can provide more details around their specific visiting process.

Also starting June 9, as per the Ministry Directive the rapid testing program at our Homes will now include staff, families and visitors who have been diagnosed with and cleared of COVID-19. Those previously infected will need to take part in our testing program as of 90 days from the date of their positive COVID result. Continuing to follow public health measures and take the necessary precautions, such as rapid testing, is important to protect yourself and your loved ones, and we thank you for your cooperation as we implement this requirement.

Beginning June 11, testing frequency in our Homes will evolve based on guidelines in the province's <u>Roadmap to Reopen</u>. Please visit our Family Caregiver Programs webpage at <u>www.peoplecare.ca</u> for current testing requirements and other resources.

As always, if you have any questions or concerns, please feel free to connect with the Executive Director of your specific peopleCare Home.