

Recovering Strong Wellness, together

With our new Employee Wellness Strategy, peopleCare is inviting our dedicated teams to share their pandemic experiences, and we're taking action based on what we hear. We want to support all employees to focus on their personal wellbeing – so they feel a renewed sense of purpose, and revitalized as we transition forward.

Sept 2021

Employee Wellness Survey



Respond How did we do during pandemic?

Recover How are you doing?

Revitalize What should we do more of?

Well done!



- #1 Communications
- #2 IPAC
- #3 Technology

we met or exceeded their communication expectations and needs

84% of staff said

Close to **400** responses

40% of peopleCare's workforce

8 Senior Living Homes

frontline staff = 82% total responses

How well did we support you?

66% excellent great good
21% fair
13% poor



EAP enhancement & education

31%

did not know about Employee Assistance Program

Wellbeing priorities



How do you feel?

😊 31% 😐 39% ☹️ 22%

What makes you feel good?

@ Home

- Social connection
- Getting outdoors
- Sleep/quiet time

@ Work

- Teamwork
- Residents & families
- Recognition

Do more!

- ✓ Wellness
- ✓ Recognition

Recovering Strong kickoff event



“Wellness takes top priority: if you are well, you can care for others in a meaningful way.”

“Recognition is VERY important as it boosts morale and trust, and helps staff feel appreciated!”

peopleCare communities