

EMPLOYEE WELLNESS SURVEY 2022-23

In the last 18 months, we've collaboratively fostered a workplace where everyone has opportunities to focus on their wellbeing.

CMHA Partnership • Wellness Champions • Walk to Wellness • Resiliency Reboot • Enhanced Employee Assistance Program

727 responses

72%
response rate


8 Homes +
Leadership Office

600+
frontline perspectives



"The Canadian Mental Health Association partnership shows peopleCare values employee mental health."

↑ 8%

Employee Assistance Program awareness is up

84%

Would recommend peopleCare as a great place to work

What we heard + what we're doing about it

TOP STAFF PRIORITIES

#1 Mental Health = *more CMHA education*

#2 Recognition = *Values Awards refocus*

70%

Positively responded to employee wellness initiatives

 **78%**

Of people are feeling OK, Good or Great

"Recognizing staff goes a long way."