

February 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:15am Get Energized - MDR 10:00am Karaoke - NL 11:15am 1:1's - SWRR 2:00pm Catholic Church Service - NL 6:30pm Harp Music - TC	2 10:00am Readers Corner- Groundhog Addition - TC 2:00pm Guess the Shadow! - NL Ground Hog Day! 3:15pm Cleaning eye glasses - TC 6:30pm Big Movie Night & Munchies - NL	3 9:30am Daily Chronicles - NL 10:30am Boccia Ball - NL 2:00pm Bingo - MDR 3:30pm 1:1's - TC
4 9:30am EZ Does it- Random Trivia - NL 10:30am Washer Toss - NL 2:00pm Hymn Sing - NL 3:30pm Hand Massages - TC	5 9:15am Movement Matters - NL 2:00pm Tuning into Good Morning Music - NL 3:00pm Tuck Cart - 6:30pm Bowling - NL	6 9:15am Pump it Up! - NL 9:45am Harp Music - TC 10:00am Creative Corner - SDR 1:15pm Exercise with Dviti - NL 1:45pm Healing Hands - TC 2:00pm Bingo - MDR	7 9:45am Active Games - NL 10:45am Montessori - TC 1:15pm Exercise with Dviti - NL 2:00pm Drumfit - NL 6:30pm Bill Anderson Live in Concert on TV - NL	8 9:15am Get Energized - MDR 10:00am Word Fun - NL 2:00pm Sing Along - NL 6:30pm Harp Music - TC	9 10:00am Exercise with Kristen - NL 1:30pm Daily Chronicles - NL 2:30pm Lawn Darts- indoor - NL 6:30pm Movie and Munchies - NL	10 9:45am Games - SDR 10:45am TV classics - NL 2:00pm Bingo - MDR 3:15pm Activity Cart -
11 9:45am Dance Club - NL 10:45am Armchair Travel - NL 2:00pm Hymn Sing - NL 3:15pm 1:1's - TC 	12 9:15am Movement Matters - NL 2:00pm Weird History - NL 3:00pm Tuck Cart - 5:00pm Chinese New Year Diners Club - NL 6:30pm Bowling - NL 	13 9:15am Pump it Up! - NL 9:45am Harp Music - TC 10:00am Mardi Gras Games and Knowledge - TC 1:15pm Exercise with Dviti - NL 1:45pm Healing Hands - TC 2:00pm Mardi Gras: True or False Trivia - NL 3:00pm Lawn Darts- indoor - NL 6:30pm Community Bingo - MDR	14 Valentines Day 10:00am Discussion Group - SDR 1:15pm Exercise with Dviti - NL 2:00pm Valentines Day Social - MDR 3:15pm Resident QOL Surveys - NWRR 6:30pm Bean Bag Toss - NL 	15 9:15am Get Energized - MDR 9:30am Remembering Love Songs - TC 10:30am Boccia Ball - NL 2:00pm Melody Makers - MDR 6:30pm Harp Music - TC 	16 9:30am Love is in the Air Trivia - NL 10:30am Ladder Ball - NL 2:00pm Matinee Movie - NL 	17 9:30am Daily Chronicles - NL 10:30am Washer Toss - NL 2:00pm Bingo - MDR 3:30pm Scrapbooking - SL
18 9:30am Breakfast Trivia - NL 10:30am Boccia Ball - NL 2:00pm Hymn Sing - NL 3:30pm 1:1's - TC 	19 Family Day Holiday 9:15am Movement Matters - NL 9:30am Presidential Riddles - NL 10:30am Tuck Cart - 2:00pm Bowling - NL 	20 9:15am Pump it Up! - NL 9:45am Harp Music - TC 10:00am Montessori - TC 10:00am Residents Council - SDR 1:15pm Exercise with Dviti - NL 1:45pm Healing Hands - TC 2:00pm Bingo - MDR	21 9:45am Active Games - NL 10:45am Montessori - TC 1:15pm Exercise with Dviti - NL 2:00pm Memorial Service with Pastor Kring - NL 6:30pm Loverboy Live in Concert on TV - NL	22 9:15am Get Energized - MDR 10:00am Ladies Group - NL 2:00pm Happy hour with Ken Lighthouse - MDR 6:30pm Harp Music - TC	23 10:00am Biography reading - NL 1:30pm Daily Chronicles - NL 2:30pm Lawn Darts- indoor - NL 6:30pm Movie and Munchies - NL	24 9:45am Creative Corner - SDR 10:45am TV classics - NL 2:00pm Bingo - MDR 3:15pm 1:1's - TC
25 9:45am Dance Club - NL 10:45am Armchair Travel - NL 2:00pm Hymn Sing - NL 3:15pm Activity Cart - 	26 9:15am Movement Matters - NL 10:00am Readers Corner - TC 2:00pm Weird History - NL 3:00pm Tuck Cart - 6:30pm Bowling - NL	27 9:15am Pump it Up! - NL 9:45am Harp Music - TC 1:15pm Exercise with Dviti - NL 1:45pm Healing Hands - TC 2:00pm Remembering Playing in the Snow - TC 3:00pm Ladder Ball - NL 6:30pm Bingo - MDR	28 9:45am Active Games - NL 10:45am Montessori - TC 1:15pm Exercise with Dviti - NL 2:00pm Birthday Party with Shaky D - MDR 6:30pm Bean Bag Toss - NL	29 9:15am Get Energized - MDR 10:00am Word Fun - NL 2:00pm Karaoke - NL 6:30pm Harp Music - TC		

MDR - Main Dining Room NL - North Lounge NWRR - Resident Room for 1-1 scoring SDR - Small Dining Room

SL - South Lounge SWRR - Resident Room for 1-1 scoring TC - Travelling Carts

Pam, Breelyn, and Kristen are your recreation staff team. All programs are subject to change.