



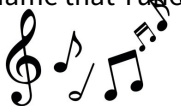



February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday!</p> <p>James C. 5th Teresa M. 7th Peter C. 13th Linda P. 24th</p>		<p>February is...</p> <p>Black History Month</p> <p>Recreation Awareness Month</p>		<p>10:00am BINGO - ML 1:30pm BINGO - NAR 3:00pm Friendly Visits - LL</p> 	<p>Groundhog Day!</p> <p>9:00am Movement Matters - LL 10:00am Word Games - ML 10:30am Service with Chaplain Daria - ML 1:30pm Chaplain visits - LL 2:45pm Yahtzee - ML 6:15pm Word Games - ML</p>	<p>10:00am Morning Reflections - ML 1:30pm Paint, art, crafts - LL 3:45pm Friendly Visits - FW</p>
<p>10:00am Hymn Sing - ML 1:30pm Getting to know you - 2E</p> <p><i>The Year of the Dragon</i></p> 	<p>9:00am Movement Matters - NAR 10:00am Men's Trivia - ML 11:00am NHL Discussion Group - ML 3:00pm Friendly Visits - LL</p>	<p>Lailat al Miraj</p> <p>9:00am Movement Matters - ML 10:00am Making Valentines - ML 10:30am Music with Jen - LL 1:30pm Music with Jen - SEL 2:00pm Hover Soccer - NAR 3:30pm Card Games - SEL 6:15pm Knitting Club - ML</p>	<p>9:00am Body Balance - SEL 10:00am Bracelet Making - ML 2:00pm Making Valentine's Day Cards - NAR 3:00pm Music Appreciation - NAR</p>	<p>10:00am BINGO - ML 1:30pm BINGO - NAR 3:00pm Friendly Visits - LL</p>	<p>9:00am Movement Matters - LL 10:30am Service with Chaplain Daria - ML 1:30pm Chaplain visits - 2nd 2:00pm Name that Tune - ML</p>	<p>Chinese New Year - Year of the Dragon</p> <p>10:00am Current Events - ML 1:30pm Hover Soccer - LL 2:00pm James Skarnikat entertains - ML 6:15pm Traveling treats cart - TC</p>
<p>SuperBowl LVIII Sunday! @6:30pm Hairdresser in today!</p> <p>10:00am All About the Superbowl! - ML 1:30pm Jersey Decorating - NAR 3:45pm Friendly Visits - LL 6:00pm Superbowl Sunday Social - ML 6:30pm Game Day Bingo! - NAR</p>	<p>9:00am Movement Matters - NAR 10:00am Candy Jar Guessing Game - TC 2:00pm Candy Heart Craft - SEL 6:30pm Canadian Black History: Discussion group - ML</p>	<p>Shrove Tuesday!</p> <p>9:00am Movement Matters - ML 10:30am Music with Jen - LL 1:30pm Music with Jen - SEL 2:00pm Afternoon Games - ML 6:00pm Grace Bible Church - ML</p>	<p>Happy Valentine's Day! Ash Wednesday</p> <p>9:00am Body Balance - SEL 10:00am Valentine's Day Trivia - ML 10:30am Resident Meal Meeting - CF 12:00pm Lunch Bunch - NAR 2:45pm Family Feud - ML</p> 	<p>10:00am BINGO - ML 1:30pm BINGO - NAR 3:00pm Friendly Visits - LL</p>	<p>9:00am Movement Matters - LL 10:00am Current Events - ML 10:30am Service with Chaplain Daria - ML 1:30pm Catch - LL 2:00pm Chaplain visits - N 2:45pm Bowling - ML 6:15pm Jeopardy - ML</p>	<p>10:00am Morning Reflections - ML 1:30pm Paint, art, crafts - LL 3:45pm Friendly Visits - FW</p> 
<p>10:00am Hymn Sing - ML 2:00pm Name that Tune - ML</p> 	<p>Family Day</p> <p>9:00am Movement Matters - NAR 10:00am Men's Trivia - ML 11:00am MLB Discussion Group - ML 3:00pm Friendly Visits - LL</p>	<p>9:00am Movement Matters - ML 10:00am Power Hour! - ML 1:45pm Paint By Numbers - NAR 3:45pm Traveling treats cart - TC 6:15pm Card Games - SEL</p>	<p>9:00am Body Balance - SEL 10:00am Word Games - ML 1:30pm Shopping Trip! (sign up with rec staff) - OUT</p>	<p>10:00am BINGO - ML 1:30pm BINGO - NAR 3:00pm Friendly Visits - LL</p>	<p>9:00am Movement Matters - LL 10:30am Service with Chaplain Daria - ML 2:00pm Chaplain visits - M 2:00pm Name that Tune - ML</p>	<p>10:00am Craft Creations - ML 1:30pm Name That Tune - LL 2:30pm Baking - NAR 6:15pm Traveling treats cart - TC</p>
<p>10:00am Hymn Sing - ML 1:30pm Bracelet Making - ML 3:30pm Hover Soccer - LL 6:15pm Knitting Club - ML</p>	<p>9:00am Movement Matters - NAR 10:00am Craft Creations - NAR 2:00pm February Birthday Party - ML</p>	<p>9:00am Movement Matters - ML 10:30am Music with Jen - LL 10:30am Residents' Council - CF 1:30pm Music with Jen - SEL 2:00pm Afternoon Games - ML</p>	<p>9:00am Body Balance - SEL 10:00am Art Attack - ML 1:30pm Ball Games - LL 3:00pm Helping Hands - LL</p>	<p>10:00am BINGO - ML 1:30pm BINGO - NAR 3:00pm Friendly Visits - LL</p>		

LL - Lower Lounge ML - Main Lounge NAR - North Activity Room OUT - Outings SEL - Second East Lounge
TC - Travelling Carts

* Programs, locations and times may be subject to change * * Activities may be modified or cancelled in the event of an outbreak *

