

February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>BLUE = Physio Run Programs PURPLE = Spiritual Programs</p> <p>Legend 1st Floor CAFE = Cafe (1st Floor) CHAP= Chapel (1st Floor) RR= Resident Room 1:1 JDR= Juniper Dining Room JFL= Juniper Front Lounge JBL= Juniper Back Lounge</p>	<p>Legend 2nd Floor SMDR= Sugar Maple Dining Room SMFL= Sugar Maple Font Lounge SMBL= Sugar Maple Back Lounge RODR= Red Oak Dining Room ROFL= Red Oak Front Lounge ROBL= Red Oak Back Lounge</p>	<p>Legend 3rd Floor WPDR= White Pine Dining Room WPFL= White Pine Front Lounge WPBL= White Pine Back Lounge NSDR= Norway Spruce Dining Room NSFL= Norway Spruce Front Lounge NSBL= Norway Spruce Back Lounge</p>		<p>World Hijab Day 9:45am Ukulele Group - CHAP 10:15am Physio Endurance Class 3rd Floor - NSDR 10:45am Calendar Visits - RR 2:00pm Bingo - CHAP 3:00pm Endurance Class 2nd Floor - RODR 3:30pm Guggenheim - SMDR 6:00pm Dog Therapy Visits - RR 6:15pm Bean Bag Toss - WPDR</p>	<p>GroundHog Day 9:45am Active Games with Recreation - CHAP 10:30am Rosary Group - CHAP 10:45am Indoor Walking Club 2:00pm Movie: Groundhog Day - CHAP 3:30pm Pictionary - SMDR 6:15pm Balloon Badminton - SMDR</p>	<p>9:45am Crosswords - SMDR 10:45am February Colouring - NSDR 10:45am Finish the Phrase - SMDR 2:00pm Bocce Ball - CHAP 3:30pm Ball toss with Music - RODR 3:30pm Afternoon Trivia - NSDR</p>
<p>9:45am Morning Meditation - SMFL 10:45am Cyber Seniors - RR 10:45am Balloon Badminton - NSDR 2:00pm Church Service - CHAP 3:30pm Crazy Eights - NSDR 3:30pm Afternoon Exercise with Aleena - RODR</p>	<p>World Nutella Day 9:45am Bean Bag Toss - NSDR 10:15am Physio Strengthening Class 2nd Floor - SMDR 10:45am Aromatherapy - RR 10:45am Rosary Group - 2nd Floor ROBL 2:00pm Bingo - NSDR / SMDR 3:00pm Strengthening Class 3rd Floor - NSDR 3:30pm February Colouring Group - SMDR 6:15pm Bowling Night - CHAP</p>	<p>9:45am Balloon Badminton - SMDR 10:15am Physio Endurance Class 3rd Floor - NSDR 10:45am Short Stories - SMFL 2:00pm Tower Toss - RODR 2:00pm Beatlemania : 60 yr anniversary - WPDR 3:00pm Endurance Class 2nd Floor - RODR 3:30pm Manicures - RR 6:15pm Book Club - NSBL</p>	<p>9:45am Guggenheim - SMDR 10:00am Dog Therapy Visits - RR 10:15am Physio Strengthening Class 2nd Floor - SMDR 10:45am Coloring Group - SMDR 10:45am Rosary Group - NSBL 2:00pm Painting in Memory of Francis B - RODR 2:00pm Pig Out - NSDR 3:00pm Strengthening Class 3rd Floor - NSDR 3:30pm Guess the Animal - SMFL 6:15pm Curling - WPDR</p>	<p>9:45am Helping Hands - SMDR 10:15am Physio Endurance Class 3rd Floor - NSDR 10:45am Puzzles - WPDR 2:00pm Bingo - CHAP 3:00pm Endurance Class 2nd Floor - RODR 3:30pm Card Game - NSDR 6:00pm Dog Therapy Visits - RR 6:15pm Golf Night with Chelsea - WPDR</p>	<p>National Pizza Day 9:45am Active Games with Recreation - CHAP 10:30am Rosary Group - CHAP 10:45am Word Unscramble: Pizza - NSDR 12:00pm Dominos Lunch - Cafe (sign up with rec by Feb 5th) 2:00pm Valentines Day Craft - SMDR 2:00pm Guggenheim - NSDR 3:30pm Yoga with Nancy - CHAP 6:15pm Trivia - WPDR</p>	<p>9:45am Corn Hole - RODR 10:45am Boggle - NSDR 2:00pm Bocce Ball - CHAP 3:30pm 1:1 Visits - RR 3:30pm Hang Man - WPDR 6:15pm Word Games - SMDR</p>
<p>9:45am Cafe Visits - Cafe 10:45am Manicures - WPDR 2:00pm Church Service - CHAP 3:30pm Guggenheim - SMDR 6:15pm Basketball - WPDR</p>	<p>9:45am Morning Walks and Talks - RR 10:15am Physio Strengthening Class 2nd Floor - SMDR 10:45am Axe Throwing - NSDR 10:45am Rosary Group - 2nd Floor ROBL 2:00pm Bingo - NSDR / SMDR 3:00pm Strengthening Class 3rd Floor - NSDR 3:45pm Craft: Oatmeal Monday Face Masks - RODR 6:15pm Book Club - NSBL</p>	<p>Shrove Tuesday/Pancake Day Mardi Gras 9:45am Valentines Word Crosswords - SMDR 10:15am Physio Endurance Class 3rd Floor - NSDR 10:30am Residents' Council - NSBL 10:45am Basketball - RODR 2:00pm Mardi Gras Social - Cafe 3:00pm Endurance Class 2nd Floor - RODR 3:30pm Manicures - RR 6:15pm Love Song Trivia - WPDR</p>	<p>Valentines Day Ash Wednesday 9:45am Guess the Animal - SMDR 10:00am Dog Therapy Visits - RR 10:15am Physio Strengthening Class 2nd Floor - SMDR 10:45am Rosary Group - NSBL 10:45am Valentines Day Group Word Search - RODR 1:00pm Catholic Communion - CHAP 2:00pm Valentines Day Party with DJ Ernie - Cafe 3:00pm Strengthening Class 3rd Floor - NSDR 3:30pm Valentine's Day Painting - SMDR 6:15pm Curling Night - WPDR</p>	<p>9:45am Ukulele Group - CHAP 10:15am Physio Endurance Class 3rd Floor - NSDR 10:45am Diner's Club - Cafe (by Invitation) 2:00pm Bingo - CHAP 3:00pm Endurance Class 2nd Floor - RODR 3:30pm Group word search - SMDR 6:00pm Dog Therapy Visits - RR 6:15pm Wheel of Fortune - WPDR</p>	<p>9:45am Active Games with Recreation - CHAP 10:30am Rosary Group - CHAP 10:45am Surveys - RR 10:45am Indoor Walking Club 2:00pm Pig Out - SMDR 2:00pm Reminiscing: Mr. Rogers Neighbourhood - WPDR 3:30pm Puzzles - NSDR 6:15pm Curling - RODR</p>	<p>9:45am Manicures with Abbey - RR 10:45am Bean Bag Toss - WPDR 10:45am Painting Group - SMDR 2:00pm Bocce Ball - CHAP 3:30pm Balloon Badminton - SMDR 3:30pm Guggenheim - NSDR</p>
<p>9:45am Morning Meditation - SMFL 10:45am Basketball - NSDR 10:45am Spot the Difference - SMDR 2:00pm Church Service - CHAP 3:30pm Aromatherapy - RR 3:30pm Afternoon Exercise with Aleena - RODR</p>	<p>Family Day 9:45am Darts - RODR 10:45am Rosary Group - 2nd Floor ROBL 10:45am Word Elimination: Skiing - NSDR 2:00pm Bingo - NSDR / SMDR 3:30pm Winter Colouring - SMDR 6:15pm Bowling Night - CHAP</p>	<p>9:45am Cards - SMDR 10:15am Physio Endurance Class 3rd Floor - NSDR 10:45am Balloon Badminton - NSDR 2:00pm Baking with Abbey - RODR 2:00pm The Real Robinson Crusoe - WPDR 3:00pm Endurance Class 2nd Floor - RODR 3:30pm Manicures - RR 6:15pm Book Club - NSBL</p>	<p>National Sticky Bun Day 9:45am Manicures - RR 10:00am Dog Therapy Visits - RR 10:15am Physio Strengthening Class 2nd Floor - SMDR 10:45am Rosary Group - NSBL 10:45am 50s Singalong - SMFL 2:00pm Anglican Communion - CHAP 3:00pm Strengthening Class 3rd Floor - NSDR 3:30pm Picture A Word - NSDR 6:15pm Trivia & Treats - WPDR</p>	<p>9:45am Guggenheim - SMDR 10:15am Physio Endurance Class 3rd Floor - NSDR 10:45am Trivia - SMDR 2:00pm Bingo - CHAP 3:00pm Endurance Class 2nd Floor - RODR 3:30pm Bean Bag Toss - SMDR 6:00pm Dog Therapy Visits - RR 6:15pm Trivia with Chelsea - NSDR</p>	<p>9:45am Active Games with Recreation - CHAP 10:30am Rosary Group - CHAP 10:45am Rhyming Words - NSDR 2:00pm Birthday Party with Mike G - CHAP 3:30pm Yoga with Nancy - CHAP 6:15pm Bowling night with Chelsea and Abbey - CHAP</p>	<p>9:45am Cafe Visits - Cafe 10:45am Word in A Word - NSDR 2:00pm Bocce Ball - CHAP 3:30pm Word Games - WPDR</p>
<p>9:45am Short Stories - SMFL 10:45am Manicures - WPDR 2:00pm Church Service - CHAP 3:30pm Bean Bag Toss - SMDR 6:15pm Basketball - WPDR</p>	<p>9:45am Colouring - SMDR 10:15am Physio Strengthening Class 2nd Floor - SMDR 10:45am Tower Toss - NSDR 10:45am Rosary Group - 2nd Floor ROBL 2:00pm Bingo - NSDR / SMDR 3:00pm Strengthening Class 3rd Floor - NSDR 3:30pm Group Aromatherapy - ROBL 6:15pm Book Club - NSBL</p>	<p>9:45am Picture Puzzles - NSDR 10:15am Physio Endurance Class 3rd Floor - NSDR 10:45am Basketball - RODR 2:00pm Wine and Cheese Social - Cafe 3:00pm Endurance Class 2nd Floor - RODR 3:30pm Manicures - RR 6:15pm Jeopardy with Abbey - WPDR</p>	<p>Pink Shirt Day 9:45am Word Games - NSDR 10:00am Dog Therapy Visits - RR 10:15am Physio Strengthening Class 2nd Floor - SMDR 10:45am Golf - SMDR 10:45am Rosary Group - NSBL 2:00pm Banana Split Party - Cafe 3:00pm Strengthening Class 3rd Floor - NSDR 3:30pm Pink Shirt Day Word Searches - SMDR 6:15pm Curling Night - WPDR</p>	<p>9:45am Ukulele Group - CHAP 10:15am Physio Endurance Class 3rd Floor - NSDR 10:45am Aromatherapy -RR 2:00pm Bingo - CHAP 3:00pm Endurance Class 2nd Floor - RODR 3:30pm Cranium Crunches - SMDR 6:00pm Dog Therapy Visits - RR 6:15pm Wheel of Fortune - WPDR</p>		

