



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>BLUE = Physio Run Programs PURPLE = Spiritual Programs</p> <p>Legend 1st Floor CAFE = Cafe (1st Floor) CHAP= Chapel (1st Floor) RR= Resident Room 1:1 JDR= Juniper Dining Room JFL= Juniper Front Lounge JBL= Juniper Back Lounge</p>	<p>Legend 2nd Floor SMDR= Sugar Maple Dining Room SMFL= Sugar Maple Font Lounge SMBL= Sugar Maple Back Lounge RODR= Red Oak Dining Room ROFL= Red Oak Front Lounge ROBL= Red Oak Back Lounge</p>	<p>Legend 3rd Floor WPDR= White Pine Dining Room WPFL= White Pine Front Lounge WPBL= White Pine Back Lounge NSDR= Norway Spruce Dining Room NSFL= Norway Spruce Front Lounge NSBL= Norway Spruce Back Lounge</p>		<p>World Hijab Day</p> <p>9:45am Ukulele Group - CHAP 10:45am Calendar Visits - RR 1:00pm Bike Class - JDR 2:00pm Bingo - CHAP 3:30pm Helping Hands - JDR 6:00pm Dog Therapy Visits - RR 6:15pm 50s & 60s Singalong - JDR</p>	<p>GroundHog Day</p> <p>9:45am Active Games with Recreation - CHAP 10:30am Rosary Group - CHAP 10:45am Indoor Walking Club 2:00pm GroundHog Day Social - JDR 2:00pm Movie: Groundhog Day - CHAP 3:30pm GroundHog Day Matching Game - JDR 6:15pm GroundHog Day Short Stories - JBL</p>	<p>10:45am Group Aromatherapy - JBL 2:00pm Bocce Ball - CHAP 3:30pm Singalong - JFL 6:15pm Folding Laundry - JDR</p>
<p>10:45am Morning Hymn Sing - JFL 2:00pm Church Service - CHAP 3:30pm Basketball - JBL 6:15pm Evening Movie - JFL</p>	<p>World Nutella Day</p> <p>9:45am Morning Greetings - RR 10:45am Moving and Grooving with Alycia - JFL 2:00pm Nutella Cookie Baking - Cafe 3:30pm Tower Toss-JDR 6:15pm Bowling Night - CHAP</p>	<p>9:45am Cafe Visits - Cafe 10:45am Helping Hands - JDR 1:00pm Bike Class - JDR 2:00pm Golf - JDR 3:30pm Manicures - RR 6:15pm Guess the Sound - JFL</p>	<p>9:45am Morning Greetings - RR 10:00am Dog Therapy Visits - RR 10:45am Sorting Stations - JDR 2:00pm Bean Bag Toss - JFL 3:30pm Basketball-JDR 6:15pm Cornhole-JDR</p>	<p>9:45am Folding Laundry - JDR 10:45am Moving and Grooving - JFL 1:00pm Bike Class - JDR 2:00pm Bingo - CHAP 3:30pm Bean Bag Toss-JDR 6:00pm Dog Therapy Visits - RR 6:15pm Pictionary-JDR</p>	<p>National Pizza Day</p> <p>9:45am Active Games with Recreation - CHAP 10:30am Rosary Group - CHAP 10:45am Morning Singalong - JFL 12:00pm Dominos Lunch - Cafe (sign up with rec by Feb 5th) 2:00pm Ball Toss and Music - JDR 3:30pm Yoga with Nancy - CHAP 6:15pm Music Group - JFL</p>	<p>Lunar New Year</p> <p>10:45am Balloon Badminton - JBL 2:00pm Bocce Ball - CHAP 3:30pm Helping Hands - JDR 6:15pm Tower Toss-JFL</p>
<p>10:45am Tower Toss - JFL 2:00pm Church Service - CHAP 3:30pm Sorting Stations - JDR</p>	<p>9:45am Doll Therapy - JDR 10:45am Short Stories - JFL 2:00pm Bingo - JDR 3:30pm Colouring Group - JDR 6:15pm Basketball - JDR</p>	<p>Shrove Tuesday/Pancake Day Mardi Gras</p> <p>9:45am Morning Greetings - RR 10:30am Residents' Council - NSBL 10:45am Mardi Gras Trivia - JFL 1:00pm Bike Class - JDR 2:00pm Mardi Gras Social - Cafe 3:30pm Manicures - RR 6:15pm Elvis Singalong - JBL</p>	<p>Valentines Day Ash Wednesday</p> <p>9:45am Spa Morning - RR 10:00am Dog Therapy Visits - RR 10:45am Valentines Day Bingo - JDR 1:00pm Catholic Communion - CHAP 2:00pm Valentines Day Party with DJ Ernie - Cafe 3:30pm Tower Toss-JDR 6:15pm Basketball with Matt - JBL</p>	<p>9:45am Ukulele Group - CHAP 10:45am Active Games - JFL 1:00pm Bike Class - JDR 2:00pm Bingo - CHAP 3:30pm Helping Hands - JDR 6:00pm Dog Therapy Visits - RR 6:15pm Balloon Badminton - JFL</p>	<p>9:45am Active Games with Recreation - CHAP 10:30am Rosary Group - CHAP 10:45am Indoor Walking Club 2:00pm Kindness Social - JDR 3:30pm Matching - JDR 6:15pm Glow in the Dark games - JBL</p>	<p>10:45am Group Sorting Stations - JDR 2:00pm Bocce Ball - CHAP 3:30pm Bean Bag Toss - JFL 6:15pm Singalong - JBL</p>
<p>10:45am Morning Colouring Group - JDR 2:00pm Church Service - CHAP 3:30pm Flower Bingo - JDR</p>	<p>Family Day</p> <p>9:45am Morning Greetings - RR 10:45am Elvis Singalong - JBL 2:00pm Picture Bingo - JDR 3:30pm Folding Group - JDR 6:15pm Bowling Night - CHAP</p>	<p>9:45am Spa Morning - JDR 10:45am Helping Hands - JDR 1:00pm Bike Class - JDR 2:00pm All about pets Social - JDR 3:30pm Manicures - RR 6:15pm Music Group - JBL</p>	<p>National Sticky Bun Day</p> <p>9:45am Manicures - RR 10:00am Dog Therapy Visits - RR 10:45am Sticky Bun Making - JDR 2:00pm Anglican Communion - CHAP 3:30pm Tower Toss - JFL 6:15pm 60s Singalong - JFL</p>	<p>9:45am Morning Greetings - RR 10:45am Helping Hands - JDR 1:00pm Bike Class - JDR 2:00pm Bingo - CHAP 3:30pm 1:1 Visits - RR 6:00pm Dog Therapy Visits - RR 6:15pm Active Games - JDR</p>	<p>9:45am Active Games with Recreation - CHAP 10:30am Rosary Group - CHAP 10:45am Singalong - JFL 2:00pm Birthday Party with Mike G - CHAP 3:30pm Yoga with Nancy - CHAP 6:15pm Bowling night with Chelsea and Abbey - CHAP</p>	<p>10:45am Bowling - JDR 2:00pm Bocce Ball - CHAP 3:30pm Lantern Craft - JDR 6:15pm Balloon Badminton - JDR</p>
<p>10:45am Balloon Pinball - JDR 2:00pm Church Service - CHAP 3:30pm Colouring Group - JDR</p>	<p>9:45am Short Stories - JFL 10:45am Guess the Sound - JBL 2:00pm Bingo - JDR 3:30pm Balloon Badminton with Students - JFL 6:15pm Short Stories - JBL</p>	<p>9:45am 50s Singalong - JFL 10:45am Helping Hands - JDR 1:00pm Bike Class - JDR 2:00pm Golf - JDR 3:30pm Manicures - RR 6:15pm Evening Sorting Stations - JDR</p>	<p>Pink Shirt Day</p> <p>9:45am Morning Greetings - RR 10:00am Dog Therapy Visits - RR 10:45am Sorting Stations - JDR 2:00pm Banana Split Party - Cafe 3:30pm Cafe Visits - JRR 6:15pm Balloon Badminton - JDR</p>	<p>9:45am Ukulele Group - CHAP 10:45am Rolls and Strolls-JRR 1:00pm Bike Class - JDR 2:00pm Bingo - CHAP 3:30pm Helping Hands - JDR 6:00pm Dog Therapy Visits - RR 6:15pm Evening Singalong - JBL</p>		

