

February 2024

# Oakcrossing News

peopleCare Oakcrossing | 1242 Oakcrossing Rd | 519-641-0021 | www.peoplecare.ca



## Celebrating February

### Bird Feeding Month

#### World Hijab Day

February 1

#### Ground Hog Day

February 2

#### Liberace Day

February 4

#### Periodic Table Day

February 7

#### National Pizza Day

February 9

#### Lunar New Year's Day

February 10

#### Shrove Tuesday

February 13

#### Valentine's Day

February 14

#### Ash Wednesday

February 14

#### Pink Shirt Day

February 28

#### Leap Day

February 29

Wear PINK on **February 28<sup>th</sup>**  
to raise awareness  
about bullying.



## Valentine's Day Party

JOIN US ON **FEBRUARY 14TH @  
2:00PM IN THE CAFE** FOR A SPECIAL  
VALENTINES DAY SOCIAL WITH  
MUSIC FROM **DJ ERNIE**

Snacks and drinks  
will be provided to  
residents.

## The Magic of Mardi Gras



Mardi Gras, the vibrant and exhilarating Carnival season celebrated in various parts of the world, is a spectacle of merriment, color, and

culture. It typically involves parades, masquerade balls, and the donning of elaborate costumes, offering a unique blend of tradition and modern revelry. Each year, it is a time for people to indulge in festivities and enjoy the spirit of community. In 2024, the celebration begins on January 6. It leads up to Fat Tuesday on February 13—the culmination of the Carnival season.

A tasty aspect of Mardi Gras is the king cake, a traditional pastry with a hidden figurine or token inside that brings good luck to the person who discovers it. Vivid, intricate masks and costumes add to the visual spectacle of Mardi Gras, as participants embrace anonymity and the freedom to be anyone they choose for a day.

Mardi Gras is more than just a party; it's a colorful expression of tradition, diversity, and the indomitable human spirit. Mark your calendars for Mardi Gras 2024 and prepare to join the revelry!

**Join us on February 13<sup>th</sup> @ 2:00pm in the café to celebrate.**



### LOST & FOUND

Please take the time to look through our lost and found. It is located in the oak room, which is just off the café area on the main floor. Please only take what is yours.

## Time to Split!

Our Physiotherapist, Lori, will be retiring at the end of February. To say thank you for the opportunity to work at Oakcrossing for the past 4 years, Lori is hosting a **Banana Split Party** for all Oakcrossing residents and staff.

Please join us Wednesday February 28th at 2:00 pm to make your own banana split and wish Lori all the best for her retirement.

Thank you for everything Lori, we wish you nothing but the best!








**PIZZA LUNCH**

ATTENTION TO ALL PIZZA ENTHUSIASTS! WE ARE THRILLED TO ANNOUNCE A PIZZA LUNCHEON. MAKE SURE TO SIGN UP WITH RECREATION TO SECURE YOUR SPOT AS AVAILABILITY IS LIMITED.

WHEN: FEBRUARY 9TH AT 12:00 PM.  
WHERE: IN THE CAFE

**HAPPY NATIONAL PIZZA DAY!**




**Get Ready to LAUGH OUT LOUD**

February 8 is Laugh and Get Rich Day. If only it were that easy! Gelotology is the psychological study of laughter, and scientists are still trying to figure out just why we laugh. Laughter involves many different parts of the brain as well as the coordination of many muscles. Laughing 100 times is equal to 15 minutes of exercise on a bike. It's a total body workout, with all the physical and psychological health benefits to boot. So, while laughter may not fill our bank accounts, it certainly enriches our lives.

Next **Family Council** will be March 20<sup>th</sup> @ 7:00pm via Zoom. Zoom link will be sent out to all families.

Next **Resident Council** meeting will be February 13<sup>th</sup> @ 10:30am in the back lounge of Norway Spruce (3rd Floor). All are welcome.



*In Memory Of*

**Bill W, Betty J, Donald S,  
Keith D**

*Our deepest thoughts and sympathies go out to the family and friends.*

"He spoke well who said that graves are the footprints of angels."

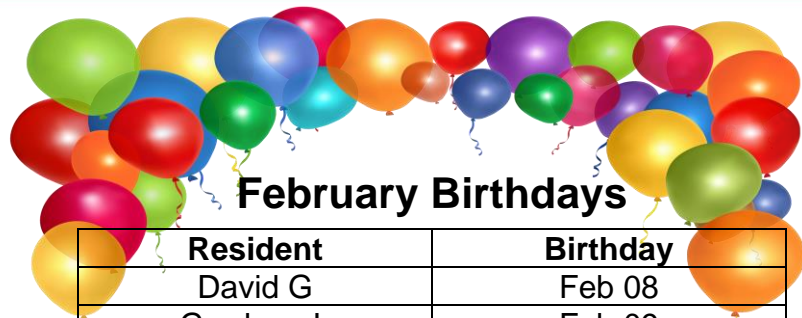
~Henry Wadsworth Longfellow



**MARDI GRAS SOCIAL**

Please join us the cafe for a fun filled Mardi gras celebration

**TUESDAY, FEBRUARY 13TH AT 2:00 IN THE CAFE**



## February Birthdays

Resident	Birthday
David G	Feb 08
Gordana L	Feb 09
Lolita L	Feb 12
Dorothy W	Feb 13
Ed W	Feb 18
Emily L	Feb 18
Barb L	Feb 19
Ali M	Feb 20
June B	Feb 22
Joe S	Feb 22
Ralph D	Feb 27



## Welcome to Oakcrossing

*Gretta G* Sugar Maple  
*Thomas W* Juniper  
*Doreen B* Norway Spruce

We look forward to getting to know you!

## Famous February Birthdays

If you were born between February 1–18, you are an Aquarius, the Water Bearer. Aquarians are loyal and smart humanitarians who want to make a difference in the world. They are energetic, have inquisitive minds, and come up with creative solutions. Those born from February 19–29 are Pisces, the Fish. Like fish, Pisces like to go with the flow in an easygoing manner, but on the inside, they are intuitive, intensely spiritual, and deeply emotional.

- Lisa Marie Presley (singer) – Feb. 1, 1968
- Farrah Fawcett (actress) – Feb. 2, 1947
- James Michener (author) – Feb. 3, 1907
- Mary Leakey (scientist) – Feb. 6, 1913
- Sarah Palin (politician) – Feb. 11, 1964
- Peter Tork (guitarist) – Feb. 13, 1942
- Hugh Downs (news anchor) – Feb. 14, 1921
- Trevor Rosen (Old Dominion) – Feb. 18, 2979
- Amy Tan (author) – Feb. 19, 1952
- Julius Erving (basketball player) – Feb. 22, 1950
- Cullen Jones (swimmer) – Feb. 29, 1984

## Connecting the World



On February 4, 2004, the internet changed forever. Harvard freshman Mark Zuckerberg launched Facebook, a website that has transformed the way people socialize and communicate. Facebook has more than three billion active users a month. For many, staying in touch via Facebook, sharing pictures, sending messages, and commenting on friends' posts is preferable to communicating by mail, telephone, or email.

**Find us on Facebook  
 at "peopleCare  
 Communities"**

# WINE & CHEESE

## Social

\* TASTE, ENJOY, AND SOCIALIZE AT  
 OUR WINE AND CHEESE SOCIAL! \*

\* When: February 27th at 2:00  
 Where: In the cafe \*



# Valentine's Day



F	E	B	R	U	H	E	R	Y	A	C	B	O	X	E
W	I	G	E	C	H	O	C	O	L	A	T	E	O	C
O	M	A	P	R	A	O	E	R	E	N	L	O	V	A
M	A	I	L	O	V	E	L	C	K	D	E	W	A	N
F	I	H	E	T	E	R	T	I	J	Y	S	E	L	Y
L	L	U	S	C	E	M	P	I	D	O	X	R	E	D
P	B	G	E	W	M	A	I	L	B	A	N	O	N	Y
A	O	X	S	F	E	B	R	U	A	R	Y	X	T	A
W	X	A	M	L	C	E	D	E	S	T	H	O	I	D
I	T	H	W	I	Y	U	T	I	P	E	P	I	N	K
N	C	A	R	D	D	O	P	H	O	L	H	O	E	O
G	O	H	D	W	A	G	E	I	E	M	M	U	B	V
S	C	H	O	C	O	I	T	E	D	A	T	H	G	E
A	R	R	O	W	G	F	L	O	W	E	R	S	I	S
S	T	A	R	W	A	T	U	H	E	A	R	T	E	H

ARROW  
CANDY  
CARD  
CHOCOLATE  
CUPID  
FEBRUARY

FLOWERS  
GIFT  
HEART  
HOLIDAY  
HUGS  
LOVE

MAILBOX  
PINK  
POEM  
RED  
SWEETHEART  
VALENTINE

