



Rooms C1-C16, B5 & B6 - Brittany and Loretta are your Recreation Coordinators, please reach out if you have any questions or new program ideas!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:45am Current Events - C 10:30am Bean Bag Toss - C 12:45pm Music with Jenn - C 1:30pm Library Cart Visits - Resi 1:30pm Pump it Up! - C 2:00pm Excursion to Cozyns - OUT 2:30pm True or False Trivia - C 3:30pm Dear Abby's - C 6:30pm Board Games - C	1 Groundhog Day 10:15am Bible Stories - A 1:00pm Manicures - CRR 1:30pm Pump it Up! - C 2:30pm Ring Toss - C 3:30pm Whiteboard Games - C 6:30pm Movie Night - C	2 1:00pm Colouring - C 2:30pm Bingo! - UDR 4:00pm Sing-A-Long - C 6:30pm Knitting Club - C
1:00pm Virtual Church Service - C 2:00pm National Geographic - C 3:00pm Board Games - C 6:30pm Card Making - C	4 9:45am Meditation - C 10:30am Balloon Bash - C 1:00pm Parade Float Ideas - C 2:30pm Music with the Dynamic Duo - UDR 2:45pm Friendly Visits - CRR 4:00pm Comedy Hour - C 6:00pm Virtual Visits - CRR	5 Canadian Maple Syrup Day 1:30pm Pump it Up! - C 1:45pm Excursion to Mikes Bowling Lanes - OUT 2:30pm Euchre - UDR 3:30pm National Geographic - C 6:00pm Virtual Visits - CRR 6:30pm Crafters Corner - C	6 9:45am Sing-A-Long - C 10:30am Bowling - C 1:00pm Bocce Ball - C 2:30pm Bingo - UDR 2:45pm Spa Visits - C 4:00pm Colouring - C 6:30pm I Love Lucy - C 7:00pm Book Club	7 9:45am Current Events - C 10:30am Bean Bag Toss - C 12:45pm Music with Jenn - C 1:30pm Library Cart Visits - Resi 1:30pm Pump it Up! - C 2:30pm Wii Games - C 3:30pm Dear Abby's - C	8 10:00am Crafters Corner - C 10:15am Bible Stories - A 10:30am National Geographic - C 1:30pm Pump it Up! - C 2:30pm Baking - C 3:30pm Baking Social - C	9 Chinese New Year Begins 9:45am Gardening/Horticulture - C 10:30am Ring Toss - C 1:15pm Trivia - C 2:30pm Bingo! - UDR
10:00am Visits - CRR 10:30am Hymn Sing-A-Long - C 2:15pm Church Service with Tavistock Mennonite - UDR 3:30pm Bocce Ball - C	11 9:45am Meditation - C 10:30am Balloon Bash - C 1:00pm Junk Drawer Detectives - C 2:30pm Music with Conn - UDR 2:45pm Visits - CRR 4:00pm Colouring - C 6:00pm Virtual Visits - CRR	12 Mardi Gras 9:45am Reminiscing Parades - C 10:30am Bowling - C 1:00pm Manicures - CRR 1:30pm Pump it Up! - C 2:30pm Euchre - UDR 2:30pm Mardi Gras Social - UDR 6:00pm Virtual Visits - CRR 6:30pm Crafters Corner - C	13 Valentine's Day 10:00am Tales with the Tots 10:45am Friendly Visits - CRR 1:00pm Reminiscing Valentine's Day - C 2:30pm Bingo - UDR Lent Begins 7:00pm Book Club	14 9:45am Current Events - C 10:30am Bean Bag Toss - C 12:45pm Music with Jenn - C 1:00pm Readers Corner - C 1:30pm Library Cart Visits - Resi 1:30pm Pump it Up! - C 2:00pm Excursion to Giant Tiger - OUT 2:45pm Board Games - C 3:45pm Table Talk Tidbits - C 6:30pm Horoscopes - C	15 10:15am Bible Stories - A 1:30pm Pump it Up! - C 2:30pm Resident Council - UDR 2:45pm Cranium Crunches - C 3:30pm Ring Toss - C 6:30pm Movie Night - C	16 Random Act of Kindness Week Begins 1:00pm Suzy Q Sing-A-Long - C 2:30pm Bingo! - UDR 4:00pm Trivia - C 6:30pm Knitting Club - C
1:00pm Virtual Church Service - C 2:00pm Travelogue - C 3:00pm Wii Games - C 6:30pm Crafters Corner - C	18 Family Day 9:45am Meditation - C 10:30am Balloon Bash - C 1:00pm Painting - C No Exercise Class 2:30pm Entertainment with Shakey D - UDR 2:45pm Colouring - C 4:00pm Dear Abby's - C 6:00pm Virtual Visits - CRR	19 1:00pm Spa Visits - C 1:30pm Pump it Up! - C 2:30pm Euchre - UDR 2:30pm Whiteboard Games - C 3:30pm Bean Bag Toss - C 6:00pm Virtual Visits - CRR 6:30pm Colouring - C	20 9:45am Polar Bear Day - C 10:30am Bowling - C 1:00pm Bocce Ball - C 2:30pm Bingo - UDR 2:45pm National Geographic - C 6:30pm Travelogue - C 7:00pm Book Club	21 9:45am Current Events - C 10:30am Bean Bag Toss - C 12:45pm Music with Jenn - C 1:30pm Library Cart Visits - Resi 1:30pm Pump it Up! - C 2:30pm Wii Games - C 3:30pm Funny Videos - C	22 10:00am Horse Racing - C 10:15am Bible Stories - A 10:45am National Geographic - C 1:30pm Pump it Up! - C 2:30pm Baking - C 3:30pm Baking Social - C	23 9:45am Visits - CRR 10:30am Board Games - C 1:15pm Bocce Ball - C 2:30pm Bingo! - UDR
10:00am Sing-A-Long - C 10:45am Ring Toss - C 2:15pm Church Service with Grace United - UDR 3:30pm Whiteboard Games - C	25 9:45am Meditation - C 10:30am Balloon Bash - C 1:00pm Crafters Corner - C 2:30pm Entertainment with Garry and Dianne - UDR 2:30pm Visits - CRR 6:00pm Virtual Visits - CRR	26 9:45am Gardening/Horticulture - C 10:30am Hymn Sing Along - C 1:00pm Board Games - C 1:30pm Excursion to Gunn Hill Cheese - OUT Tour at 2:30pm 1:30pm Pump it Up! - C 2:30pm Euchre - UDR 2:45pm Bowling - C 3:45pm National Geographic - C 6:00pm Virtual Visits - CRR 6:30pm Crafters Corner - C	27 Pink Shirt Day 9:45am Bullying Awareness - C 10:30am Smoothie Social - C 1:00pm Dear Abby's - C 2:30pm Bingo - UDR 7:00pm Book Club	28 Leap Year Day 9:45am Current Events - C 10:30am Bean Bag Toss - C 12:45pm Music with Jenn - C 1:30pm Library Cart Visits - Resi 1:30pm Pump it Up! - C 2:30pm Calendar Delivery - CRR 3:30pm National Geographic - C 6:30pm Wii Games - C	29	

A - Maple Grove Avenue Lounge C - Countryside Crescent Lounge CRR - Resident Room for 1-1 scoring OUT - Excursions Resi - Resident Room
UDR - Upper Dining Room